

Funders and partners

Care2Work is supported by Erasmus+ (Key Action 2), coordinated by **The IARS International Institute** (UK) and delivered in a partnership with **Anziani e Non Solo** (Italy), **Linnaeus University** (Sweden) and the **Family and Children Care Centre** (Greece).

Get involved

If you are a researcher, practitioner or a young person and you are interested in getting involved in the programme please contact us at contact@iars.org.uk or by filling out this form <http://www.care2work.org/contacts/>

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www.care2work.org
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Care 2 Work (C2W) is a 2-year programme that aims to tackle the barriers faced by young carers from Black, Asian and minority ethnic groups, and to support their smooth transition from caring to adulthood.

Care 2 Work (C2W) aims to generate and pilot new knowledge on the needs of BAME young carers with an ultimate goal of achieving institutional and cultural change in Europe, and of breaking the cycle of poverty and disadvantage for one of the most marginalized communities in our societies.

Project Background

Only in the UK, it is estimated that there are 1.5 million carers below the age of 35. Their contribution to society and the economy is significant, but not always recognized. As young as 12, young carers are expected to provide intense care for family members or relatives who may have significant mental or physical disability. Evidence suggests that young people from Black, Asian and ethnic minority communities are twice as likely to be a young carer (Children's Society Report, 2013).

Heavy caring responsibilities can compromise equal opportunities in the transition to adulthood. In particular, caring has a "differential impact" on young carers, including serious educational disadvantage caused by factors such as poor attainment, restricted peer networks and bullying.

For these reasons young carers face long term consequences including lack of qualifications that further prohibit their access to employment. Therefore, they are trapped in a vicious cycle of poverty. However, if managed well, responsibilities associated with caring can enable a young person to develop personally and to gain life skills that can also facilitate the transition to adulthood as well as lead to positive outcomes.

Methodology

Through recognizing, valuing and respecting these skills, Care 2 Work will aim to bridge cultural and institutional gaps for young carers, and offer them a smooth transition from caring to adulthood. To achieve its objectives, this innovative youth-led programme will seek evidence on the needs of BAME young carers and use it to develop and pilot:

accredited, youth-led training (face to face and online) for young BAME carers

accredited, youth-led training (face to face and online) for practitioners and service providers.

C2W will transform the lives of thousands of young carers across Europe by providing them with a range of accredited training and volunteering opportunities that will aim at their smooth transition from caring to employment.

